

Open Water Swim

Lauren Harrison ; 13 represented Chard and District Swimming Club in the ASA South West Region Open Water Swimming Championships and Age Group Competitions 2010] writes *Steph Hallam*.

The event was to swim 1.5km at Preston Beach, Weymouth on Sunday 4th July 2010. This was Lauren's first attempt at an open water event and she was apprehensive about swimming the challenge, through choppy waters on a cold, windy day.

She need not have worried though as she was the first female swimmer in Somerset to complete the event in a time of 26:26, enabling her to grasp the first position for her respective age group (13-14 years.) Overall, she was the third female in all age groups to finish, so a big congratulations to Lauren. **(She is pictured with John Bird; President of the South West Region ASA who presented her with a medal and a certificate for her efforts.)**

